



Spring 2004

Alki

Community Center



Alki Community Center

5817 SW Stevens, 206-684-7430

Alki Bathhouse

2701 Alki Avenue SW

www.seattle.gov/parks

Program Registration

Mail-in Starts March 15

Walk-In & Phone Start March 29

Program Dates

March 29 – June 20

Holiday Closures

Monday, May 31

Memorial Day

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Alki Community Center

Alki Community Center

5817 S.W. Stevens

Seattle, WA 98116

Phone: (206) 684-7430 Fax (206) 938-9549

Visit us online at www.seattle.gov/parks!

Hours of operation

Monday – Friday 1 – 9 p.m.

Saturday 9 a.m. – 5 p.m.

Holiday closures

May 31, Memorial Day

Program registration

Mail-in registration begins March 15

Walk-in registration begins March 29

Program dates

March 29 – June 20

You can make a difference!

The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held at 7 p.m. on the fourth Tuesday of every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff at 206-684-7430.

Most classes, workshops, sports, special events, and facility rentals are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

E-Brochures are available!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

Professional Staff

Ken Bounds, *Superintendent*

B. J. Brooks, *Deputy Superintendent*

Christopher Williams, *Operations Director*

Katie Gray, *Southwest Parks & Recreation Manager*

Corey Myers, *Southwest Sr Recreation Coordinator*

Ken Davis, *Acting Center Coordinator*

Stephan Joeres, *Acting Asst Center Coordinator*

Idris Beauregard, *Teen Development Leader*

Semere Meleke, *Recreation Attendant*

Jill Patterson, *Child Care Director*

Paul Casler, *Building Maintenance*

Amanuel Hailom, *General Laborer*

And a variety of other wonderful staff and volunteers!

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities.

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call (206) 615-0140 or TDD (206) 684-4950.

Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Rentals

For information about room rentals, please view our facility rental brochure.

(<http://www.seattle.gov/parks/reservations/facrentalguide.htm>).

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for more information about programs for special populations, please call 206-684-4950.

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to our Advisory Council. **Please note:** Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

Fees and charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of \$1 per class, \$1.50 per workshop, and \$1.30 per participant in each athletic game, paid to Seattle Parks and Recreation to defray operating costs. People 60 and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.



Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

Toddlers

Play Space

Parent/Child Hang Out Time

Get out of the house, join parents and children for a brand new drop-in Hang Out Time program where you can make new friends, get out of the rain and have some fun with your child. **Parents must supervise their children at all times! Closed during elections and public school breaks.**

Age: 5 and under with Parent

Mar 29 – Jun 11, 2004

Mon & Wed 11 a.m. – 2 p.m.

Tues & Thurs 10 a.m. – 2 p.m.

\$25 for 20 visits

Play Club

The Play Club focuses on fun and exciting ways for children to interact with other children. Activities will include music, art, crafts, games, creative play, story time, and an introduction to the phonetic ABCs. This is an excellent place to prepare your

child for kindergarten. Register soon because the maximum number of children we can accept is 8.

Instructor: Michelle Caoile

Age: 3 to 5 (Must be Potty-Trained)

Mon – Fri 10 a.m. – 2 p.m.

Variable Monthly Fee Based

Out-of-School Care

Tot Camp

Alki Community Center Day Camps offer “Fun in the Sun” for your little ones. Activities include art, music, story time, games, as well as water sports and sand play. Registration begins March 30th and is limited to 14 participants.

A \$25 non-refundable deposit is required to hold a spot.

Instructor: Jill Patterson

Age: 3 to 5 years old

Mon, Jul 12 – Fri, Aug 16 10 a.m. – 4 p.m.

\$80

Kids

Performing Arts & Dance

Children's Ballet & Creative Dance

Kids will get to experiment with movement while listening to great classical music that easily encourages the imagination and the spontaneity of this age group. Our goals are for the children to feel supported, comfortable, and free to explore their ideas about what a dance can be. This class is great for building self-esteem and confidence in a group. The basics of ballet will develop strength, coordination, flexibility and alignment in an atmosphere of play and creativity.

Age: 4 to 10 year olds

Instructor: Sandra Dobra

\$40

Session I

Tuesdays Apr 6 – May 4 6 – 6:45 p.m.

Session II

Tuesdays May 18 – Jun 15 6 – 6:45 p.m.



Kids

Athletics

Tennis Lessons

Tennis students will learn the basics of tennis, from learning forearm and back-hand to developing hand-eye coordination. Tennis students will need to bring their own racket everyday.

May 18 – Jun 24 **\$75**

Instructor: Carl Bergquist

Age: 8 to 12

Tuesday & Thursday

Ages 8 – 10 **4 – 5 p.m.**

Ages 10 – 12 **5 – 6 p.m.**

Track and Field

Registration for track begins March 1st. Practices will start mid March. Athletes will be allowed to practice after all registration forms, birth certificate and payment has been received. Please call the Hiawatha Community Center to register, 206-684-7441.

Mar 1 – Jun 11 **\$30**

Location: Hiawatha Community Center

Youth Softball

Come and participate in the Alki Community Centers recreational Girls Softball leagues. Ages 10–11, 12–13, 14–17. This is a program that focuses on positive experiences during practices and games, as well as learning the fundamentals. Emphasis will be placed on good sportsmanship. Parent Permission slip required.

Instructor: Jill Patterson

Age: 10 to 17 years old

Mar 15 – Jun 14 **\$30**

Location: Alki Field

Out of School Care/ Camps

AM/PM Child Care Program

The Before and After School Program offers social, physical and intellectual activities that are fun for children. Alki's experienced staff offer quality supervision while smoothly blending in culture, crafts, homework time, athletics and field trips.

Registration Begins July 13, 2004.

The Before school fee is \$150 and it runs from 7 – 9 a.m. The After school fee is \$230 and it runs from 3:10 – 6 p.m. Please call the Alki Community Center for more details, 206-684-7430.

Instructors: Jill Patterson, Dirk Hollingstad, Tanya Nichols, Chris Gilchrest, Semere Meleke, Marlo Winter, Whitney Saxlund, Ben Doty

Spring Day Camp

This fun camp for kids ages 5 – 11 will feature arts and crafts, sports, games, field trips, swimming, and more. Registration date to be announced. Registration begins March 22. Please contact Jill Patterson with questions, 684-7430.

Instructor: Jill Patterson

M – F 6:45 a.m.–6:30 p.m. Apr 5–Apr 9
\$95/week

Summer Day Camp

This fun camp for kids ages 5 – 11 will feature arts and crafts, sports, games, field trips, swimming and more. A non-refundable deposit of \$25/child per week is required. Registration date is March 30th.

Age: 5 to 11

Mon, June 21 – Fri, Sept 3 7 a.m. – 6 p.m.
\$135/wk; week of July 4 prorated \$108

Youth/Teens

Arts: Visual/Crafts

Cartooning

Don't just dream it, draw it! Students will learn the basics of comic strip drawing and storytelling, including story structure and shading with inks, from a working professional in the field. The final project is an actual published comic book.

Instructor: Greg Hatcher

Age: 8 to 12 years old

Tuesdays 6:30 – 8:30 p.m. Apr 13 – Jun 1

\$55 8-week session(supplies included)

Beginning Drawing

We may not make you a great artist, but we'll make you a better one! Students will learn the basics of perspective, composition, light and shadow, and color relationships, working with charcoal, crayon, oil pastel and inks.

Instructor: Greg Hatcher

Age: 10 to 14 years old

Apr 15 – Jun 3

Life-Long Learning & Career Development

College Application & Homework Hour

Take this opportunity to plan for your future. Receive assistance with college application and procedures or peer tutoring.

Instructor: Idris Beauregard

Age: Teens

Mondays Mar 29 – Jun 20 3 – 4 p.m.

FREE

Clubs

Teen Advisory Council

Come and be heard. Help plan, develop, and implement programs, projects, and Special Events. This is a perfect opportunity to gain high school service learning hours and build great skills for your college resume. Meetings are held the second and fourth Wednesday of each month, from 5:30 – 7 p.m.

Instructor: Idris Beauregard

Age: 11 to 16

Wednesdays 6 – 7 p.m. Pizza included

Out-of-School Care/Camps

Teen Camp

This is a perfect place for teens to meet new friends, to be creative and to go on fun trips! Registration begins March 30th. A \$25 non-refundable deposit is required to reserve a spot.

Instructor: Michelle Coaile and Dirk Hallingstad

Mon, June 21 – Fri, Aug 30 10 a.m. – 2 p.m

\$135/week

Spring Egg Hunt **Free!**

Boys and girls age 0 – 11 will have a great time at the Spring Egg Hunt. Search for Chocolate eggs, candy and prizes. The hunt will begin at 10 a.m. Please come early to find the proper age group hunting area. Call #684-7430 if you are interested in Volunteering.

Age: 0 to 11

April 10

10 – 11 a.m.

Youth/Teen Special Events

Come Get Your Bowl On!!!

Come join Alki and other West Seattle Community Centers with our bowling league. Here you will make new friends, enjoy meals and improve your bowling score.

Instructor: Idris Beauregard

Age: Teens

Wednesdays 3:30 – 6 p.m. Mar 29 – Jun 20
\$2

Teen Flashlight Hunt

Alki and Hiawatha Community Center will be having their Annual Teen Hunt April 1, 2004, 8:30pm, at Hiawatha Community Center. Hunt for Candy, Chips, CD's, Gift Certificates, & more. Bring your own Flashlight and Bag. Ages 11 – 16.

Age: 11 to 16

Friday, April 16 **8:30 – 9 p.m.**
FREE

Location: Hiawatha Community Center

Youth Appreciation Week

During your Spring break come to the Alki Community Center to be appreciated. This is your week to be spoiled for your hard work and dedication. This week will be full of BBQ's, Seattle Center rides and lots of other fun activities.

Age: Teens

Apr 5 – Apr 9

Middle School Dance

Go Head & party like it's your birthday! Come kick it at Alki's Teen Middle School dance. Saturday, April 24, 2004, 8 – 11pm. Middle School I.D. Required Cost: \$5

Instructor: Idris Beauregard

Age: Middle School

Saturday, April 24 **8 – 11 p.m.**
\$5 **Must have school I.D.**



ENVIRONMENTAL STEWARDSHIP

Earth Day • 2004

Thursday, April 22 is Earth Day!

Seattle Parks and Recreation invites you to celebrate Earth Day at a park or community center near you. We have more than 150 opportunities for you and your family to explore, learn about, or care for your world. Here are just some of the ways you can enjoy this month-long celebration (April):

- Go for a walk in over 5,000 acres of Seattle's parks
- Alternative Fuel Car Rally (4/10) at Discovery Park (733-9434)
- Nature "Tot Walks" for families at Camp Long (684-7434)
- Adopt your neighborhood park (684-4075)
- Seattle Aquarium's Family Science Day (4/24) (386-4300)
- Take a "Backyard Habitat Gardening" class (4/17) (684-0877)
- EarthCorps Ivy Removal at Cheasty Blvd (4/17) (322-9296x217)

To learn more, please call 206-684-4075, or Adam Cole, 206-733-9701,
<http://www.seattle.gov/parks/Environment/earth.htm>

Lead a
"Spring Clean"
neighborhood
cleanup project where
you live or work.

**Seattle
Public
Utilities**

March 27 – May 15

Call:
206-233-7187, or:
<http://www.cityofseattle.net/util/ept/springclean/>

Adults

Arts: Visual/Crafts

Surviving Watercolors

In this beginning watercolor class we will have fun focusing on four watercolor techniques. They will give you confidence to tackle watercolor painting with a new sense of excitement. Many additional techniques will be demonstrated during the session. Your watercolors will evolve to become more vibrant and alive. After exploring these techniques we'll put them to creative use in your original watercolor paintings. This is a fun class. Let's have fun on Alki Beach. Bring in something you are passionate about for your final painting!

Instructor: Bryan Briscoe

Tues Mar 30 – May 11 6:30 – 8:30 p.m.

\$65 Supplies not included; supply list is available at Alki Community Center

Surviving Watercolors Studio

In this intermediate watercolor class you'll go to the next level and beyond the basics with more creative and exciting watercolor techniques. You'll gain a new sense of watercolor excitement in a studio setting. Mingle with fellow artists and share ideas and knowledge. Create your watercolor paintings with beginning and intermediate techniques. Get one-on-one demonstrations from your instructor to gain a better understanding in problem solving. Paint from your own reference material, paint from memory or even improvise to create your own original paintings. Let's have fun creating at the Alki Community Center!

This class is for students that have already taken the Surviving Water Color class or get permission from the instructor.

Instructor: Bryan Brisco

Tues May 18 – Jun 22 6:30 – 8:30 p.m

\$70 Supplies not included, a materials list is available at the Alki Community Center

Athletics

Open Gym

Half of the gym is used for 5-on-5; the other half is used for free shooting.

Age: Adults

**Mon, Tues, & Thurs 6:45 – 8:45 p.m.
Mar 29 – Jun 20**

Location: Gym

First Aid, Health & Safety

First Aid and CPR

These eight-hour certification classes in Basic First Aid and CPR meet all workplace and state requirements. Call 206-726-3534 to register.

Age: Adult

Location: Alki Elementary School

**Session I: Mon, April 12 & Wed., April 14
4:30 – 8:30 p.m.**

**Session II: Mon., May 10 & Wed., May 12
4:30 – 8:30 p.m.**

**Session III: Mon., June 14 & Wed., June 16
4:30 – 8:30 p.m.**

Martial Arts

Karate

Come to the Alki Community Center on the first Saturday of the month for a FREE Karate class! In this traditional Karate-do class students will learn ancient martial art techniques that build endurance, flexibility, self-discipline, concentration, and self-confidence.

Instructor: Madeline Coffin

Saturdays 11:30 a.m. – 12:30 p.m.

Apr 3 – Jun 5

FREE

All Ages

Arts: Visual/Crafts

Creative Acid-Free Albums

Are your photos stuffed in shoeboxes, drawers, or many types of popular albums that chemically destroy photos? If so, this Creative Memories workshop is for you.

This workshop will provide you with information on preserving your photos in a safe, long-lasting, and creative way.

Beginning workshop – Introduction of preserving photos and a hands-on workshop.

Materials to bring: Scissors and 6 to 8 photos of 1 event.

There is another one day workshop offered July 31, as well as a 4-week course offered under the title “Designing an Album.”

Instructor: Angele Nelson

\$15 with \$5 supply fee paid to instructor.

Session 1: Mon, March 15 7 – 9 p.m.

Session 2: Tues, March 23 7 – 9 p.m.

Session 3: Mon, April 5 7 – 9 p.m.

Session 4: Wed, May 21 7 – 9 p.m.



Designing an Album

Are your photos stuffed in shoe boxes, drawers, or many types of popular albums that chemically destroy photos? If so, this Creative Memories workshop is for you.

You will learn different techniques in completing your album.

Materials to bring: Photos for each class.

Tuesdays 6:30 – 8:30 p.m. Apr 6

\$15 plus \$40 supply fee

Special Events

Alki Art Fair

We are starting to plan for the Alki Art Fair, which takes place on July 31 – August 1, 2004. The Art Fair is a special event where you can purchase fine arts and crafts produced by local artists or show and sell your own art. There will be jewelry, pottery, painting, metal work, fountains, candles, food and much more. For the kids, there will be face painting, games and crafts. If you are interested in being a vendor or helping on the committee, please call Alki Community Center at 684-7430. (Contact: Ken Davis)

Sat, Jul 31 – Sun, Aug 1 10 a.m. – 6 p.m.

Location: Alki Beach

Other

Friday Night Family Skating

An event for all ages and all abilities! This is a great time to practice your skills and tricks while experiencing a roller-rink atmosphere. You can always look forward to the limbo, friendly racing, and the snack bar. If you don't have your own skates, you can borrow a pair of ours! Every Friday Night!!!

Fridays Apr 2 – Jun 11 6:45 – 8:45 p.m.

\$2 per skater with or without skates

Location: Alki Gym

Pool and Ping Pong

Eight ball, corner pocket! Come and hone your hand-eye coordination skills. Come and challenge your friends to pool and Ping-Pong.

Mon – Sat 1 – 9 p.m. Mar 29 – Jun 20

FREE

Senior Adults

Southwest Senior Adult Classes and Special Events Registration Information

Mary Dalzell, Recreation Specialist
206-684-4115/206-684-7438
e-mail: mary.dalzell@seattle.gov

Winter Quarter Dates

April 5 – June 18, 2004

Holidays (No classes)

May 31, 2004 – Memorial Day

Make-ups

We encourage you to make up cancelled classes at any other site in the city. Please inform the instructor you're making up the class.

Class Registrations

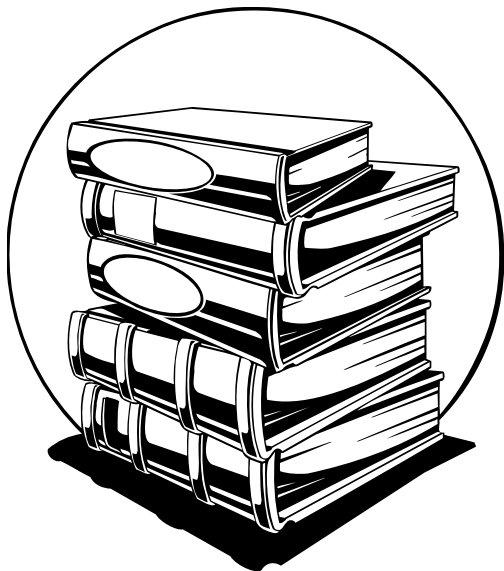
Begin **March 22nd** at **9 a.m.**
by calling 206-684-4115.

All Class Payments

Please make checks payable to
Senior Adult Advisory Council and
mail to

Southwest Community Center
Senior Programs, Attn: Mary
2801 SW Thistle St
Seattle, WA 98126-3750

Clubs



Alki Book Club

Free

Seattle Public Library provides books to our groups FREE of charge. We all read the same book, and one month later we meet as a group to discuss the book we have read. Please call Mary @ 206-684-4115 for books and directions.

Instructor: Mary Dazell

Mondays 11:15 a.m. – 12:15 p.m.
Mar 31 – Jun 2

Location: Tully's on Alki Beach

Brain Games

Free

Join us for an afternoon of Scrabble, Cribbage, and Pinochle. No brilliance needed for these drop-in activities, just a willingness to play.

Wednesdays 11:15 a.m. – 12:15 p.m.
Apr 14 – Jun 16

Senior Adults

Aerobics/Fitness

Fitness for Life

A head-to-toe workout using dyna-bands, sticks, and weights – bring small weights to class.

Instructor: Mary Dazell 206-684-4115

Mon, Wed 10 – 11 a.m. Apr 5 – Jun 18

\$18 – 1 day wk / \$36 – 2 days wk

Location: Social Room

Special Events

Mother's Day Party

Angela, from Jefferson Community Center, and Mary Dazell will pamper you with special treats on this special day. Jefferson will be the host site. You must pre-register with Mary by April 30th, 206-684-4115.



Fri., May 7 11:30 a.m. – 12:30 p.m.

FREE

Location: Jefferson Community Center

Hearing Loss **Free**

Do you have questions about Hearing loss? But are unsure of the type of questions to ask or whom to ask? Judi Carr, of the Washington Self Help for Hard of Hearing People will help with those questions. Please pre-register by May 10th.

Wed, May 19 11:45 a.m. – 12:45 p.m.

SPU Information **Free**

Learn more about utility issues such as water supply, recycling, utility rates, drainage planning, urban creeks, salmon friendly gardening, or volunteer programs. Questions answered by a representative of the Seattle Public Utilities. Problem solving information provided.

Wed., May 26 11:15 a.m. – 12:15 p.m.

Other

Flash Back **Free**

Bring you favorite black and white photo and share your memories of that special moment with others.

Wed, June 9 11:15 a.m. – 12:15 p.m.

Talent Show **Free**

Do you have a talent you want to share? Join us at our 3rd Annual Show with the West Seattle Senior Center as "host site". Please pre-register for 11:45 a.m. lunch by calling 932-4044. Come watch, participate or both.

Wed, April 21 12:30 – 2:30 p.m.

Location: West Seattle Senior Center

Field Trips

Day Trips

Day trips once a week! Please call 684-4951 for a detailed list to be mailed to you. Trips will include: Places of Worship, DeGoede Tulips, Seattle Rep, "Kiss Me Kate", Leavenworth Maifest, Bloedel Preserve, Museums, Edmonds Art Festival and Port Townsend.

Mar 28 – Jun 20

SOUTHWEST POOL DAILY SCHEDULE SPRING 2004



April 3 - June 20

MONDAYS AND WEDNESDAYS

6:00-7:30 AM*	Early Morning Lap Swim	
12:00-1:30 PM	Adult/Senior Adult Swim	○
1:30-2:00	Adult Swim Lessons	
3:00-4:00	Lap Swim	○
4:00-5:30	Swim Lessons	
5:30-6:30	Lap Swim(3 lanes)	
5:30-6:30	Masters Workout(3 lanes)	
6:30-7:30	Swim Lessons	
7:30-8:15	Hydro-Fit Water Exercise	○
7:30-8:30	Public Swim (<i>shallow end</i>)	
8:30-9:30	Adult Swim	

TUESDAYS AND THURSDAYS

12:00-1:30 PM	Adult/Senior Adult Swim	
1:30-2:30	Senior Adult Water Exercise	
2:45-3:45	Middle School Program	
4:00-5:00	YMCA Swim Team	
4:15-5:00	Competitive Stroke Class	
5:00-6:00	Lap Swim	
6:00-7:30	Swim Lessons	
7:30-8:30	Public Swim	○
8:30-9:15	Hydro-Fit	
8:30-9:15	Adult Water Aerobics	

FRIDAYS

6:00-7:30 AM*	Early Morning Lap Swim	
12:00-1:30 PM	Adult/Senior Adult Swim	○
1:30-2:30	Family Swim	
3:00-4:00	Lap Swim	○
4:00-5:30	\$1.00 Public Swim	
5:30-7:00	Lap Swim(3 lanes)	
6:00-7:00	Masters Workout(3 lanes)	
7:00-8:00	Family Swim	
8:00-10:00 PM	Rentals (call to schedule)	

*Admission by swim ticket only

SATURDAY

10:00-11:00 AM	Youth Swim and Fitness	
10:30-12:00 PM	Swim Lessons	
12:00-1:00	Adult/Senior Adult Swim	
1:00-2:00	Public Swim	
2:00-10:00 PM	Rentals (call to schedule)	○

SUNDAYS

11:00-12:30 PM	Adult/Senior Adult Swim	
12:30-2:00	Swim Lessons	
2:00-3:00	Family Swim	
3:00-4:00	Special Pops Lessons	○
4:00-5:00	Public Swim	
5:00-6:00	Lap Swim	
6:00-10:00 PM	Rentals (call to schedule)	

2004 FEES

Recreation Swimming

Youth (1-18)	○	\$2.25
Adult (19-64)		\$3.25
Senior Adult (65 & over)		\$2.25
Special Populations		\$2.25

Fitness

Non-Rec. Spa, Weights, Sauna use		\$3.25
Masters/Water Aerobics/ Hydro-Fit/Aqua Jogging		\$3.75
Senior Adult Water Exercise		\$2.50
Spa in addition to admission		.50
Showers		\$2.00
Recreation Admission Ticket		\$20.00
Fitness Admission ticket		\$30.00

POOL CLOSED

Memorial Day 5/31

For a complete Southwest Pool schedule please call (206) 684-7440.
Southwest Community Center and Pool is located at 2801 SW Thistle

Alki Bathhouse

Construction Begins!

Construction on the Alki Bathhouse began February 2, 2004, and we expect it will be completed this August. During construction, the building will be gutted, the end walls removed, but the north and south facades containing the multiple windows will be renovated. A new dormer will also be added to the south facade giving the building more presence on the street. The interior will contain a new multi-purpose space flanked by an art studio on one side and a pottery studio on the other side. The contractor is Sefnco, Inc.; the designer is Johnson Architecture and Planning.

The 2000 Pro Parks Levy included \$412,000 to fund Bathhouse improvements. The Friends of Alki Bathhouse have contributed an additional \$116,000 toward the project budget, and are still raising monies for such features as outdoor showers, kitchen cabinets, and exterior trellises.

Alki Bathhouse Programming

By: Friends of Alki Bathhouse & Alki Advisory Council (Wayne E. Johnson)

As a member of the 'Friends of Alki Bathhouse' and the 'Alki Advisory Council', I would like to take this opportunity thank the community and persons who have contributed to the success of the Alki Bathhouse. This project is a prime example of how individuals were able to contribute to the renovation of a facility that is in desperate need of attention. The construction of the bathhouse will begin this February and be completed later this year. Therefore we need to coordinate the programs that are to be offered at the bathhouse once the facility is completed.

At this time, we wanted to inform the community of the anticipated programs, as well as accept proposals for various new programs. As strongly suggested by the community, spaces will be dedicated for the art and pottery, while providing a

general multi-purpose space that could be used for other programs. Each of the studios are 423 square feet and the general multi-purpose space is approximately 1500 square feet. The task for the Alki Advisory Council is to ensure that we are providing programs which are responsive to the community's needs and desires.

Throughout various meetings and discussions, we have received many thoughts and ideas regarding programs that could be offered. Listed below is a brief list of the proposed programs:

- Incorporate programs with the Log House Museum, providing another place for student field trips.
- Environmental programs
- Marine life education
- Drawing classes
- Writing classes
- Fitness classes such as Yoga and Aerobics
- Music & Dance classes

The Alki Advisory Council welcomes further suggestion regarding classes/activities as well as well as instructors for the various programs. We will be working diligently with the community center and the parks department in the upcoming months to ensure that the bathhouse has the capabilities and volunteers to offer the desired programs that are deemed appropriate for the bathhouse.

The Friends of Alki Bathhouse and Alki Advisory Council would like to thank all of those individuals, companies, and organizations that contributed to making this project a success. Continued support from the community will allow us to provide the necessary programs that represent the quality of life we all enjoy at Alki.

For further information, please feel free to contact the Alki Advisory and/or the Alki Community Center Coordinator:

5817 S.W. Stevens
Seattle, WA 98116
Phone: 206.684.7430

Alki Community Center *Spring 2004* 15

REGISTRATION FORM:		Mail to Alki Community Center		5817 SW Stevens		Seattle, WA 98116	
Adult Name						Day Phone:	
Address						Evening Phone	
City		Zip Code		Emergency Phone			
Activity Title		Fee		Participant's name		D.O.B.	
						M/F	
(Checks Payable to Alki Advisory Council)							
Total \$							
Visa or Mastercard # _____ I, the undersigned parent/guardian assume all risks and hazards incidental to participating in the activity and do hereby waive, release, absolve, indemnify and agree and hold harmless the City of Seattle, Seattle Public Schools, their supervisors, participants and instructors for any claim arising out of any injury to myself/child. I grant full permission to use any photograph, videotapes, motion picture, recording or any other record of this program for promotion of the Seattle Department of Parks and Recreation. Parent/guardian signature required for all participants under 18 years of age.							
Expiration Date		_____		Signature		Date	

Community Centers

Alki	684-7430
Ballard	684-4093
Bitter Lake	684-7524
Delridge.....	684-7423
Garfield.....	684-4788
Green Lake.....	684-0780
Hiawatha	684-7441
High Point	684-7422
Jefferson.....	684-7481
Langston Hughes Performing Arts Center	684-4757
Laurelhurst	684-7529
Loyal Heights.....	684-4052
Magnolia.....	386-4235
Meadowbrook	684-7522
Miller	684-4753
Montlake	684-4736
Queen Anne	386-4240
Rainier Beach	386-1925
Rainier	386-1919
Ravenna-Eckstein.....	684-7534
South Park	684-7451
Southwest	684-7438
Van Asselt	386-1921
Yesler.....	386-1245

Pools

Ballard	684-4094
Evans	684-4961
Madison	684-4979
Meadowbrook	684-4989
Medgar Evers	684-4766
Queen Anne	386-4282
Rainier Beach	386-1944
Southwest	684-7440
Colman (Summer only)	684-7494
Mounger (Summer only).....	684-4708

Environmental Learning Centers

Carkeek Park E.L.C.....	684-0877
Camp Long E.L.C.	684-7434
Discovery Park E.L.C.	386-4236
Seward Park E.L.C.	684-4396

Community Connections

Alki Bathhouse	684-7430
Animal Control	386-4254
Aquarium Info	386-4320
Ballfield Reservations	684-4082
Bathhouse Theater	524-1300
Boat Launch Permits	684-4075
Compliments/Concerns	684-4837

Delridge Library.....	733-9125
Green Lake Small Craft Center	684-4074
Handicapped Programs	684-4950
Mt. Baker Rowing and Sailing.....	386-1913
Parks Information	684-4075
PAWS.....	743-3845
Permits – Park Use.....	684-4080
Permits – Special Events....	684-8017
Picnic Reservations	684-4081
Pitch & Putt Golf	632-2280
RUG Youth Baseball.....	523-8377
Senior Adult Programs	684-4951
Senior Adult Class and Trip Registration (SW).....	684-4115
Seattle Tennis Center	684-4764
Southwest Library	684-7455
Special Populations	684-4950
Sports Programs – Adult....	684-7092
Sports Programs – Youth...	684-7094
Volunteer Opportunities	684-4557
West Seattle Golf	935-5187
West Seattle Library	684-7444
West Seattle Little League..	937-1928
Woodlawn Youth Soccer	632-1930
Zoo information	684-4800

Alki Community Center
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Seattle, WA 98116-5810
206-684-7430

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